



10th Luce Report on Lung Cancer

Lung cancer and mental health: Experiences reported by Europeans impacted by lung cancer

Lung Cancer Europe

Experiences of support along the lung cancer journey

felt incapable of dealing with issues in their lives





did not feel well equipped to cope with the emotional repercussions

Support from loved ones



94.08%

received support from loved ones



82.51%

satisfied with this support



41.09%

65.54%

did not always have someone to help when needed

perceived loved ones did not

fully understand what they were going through



67.43%

support from loved ones was the most rewarding aspect since diagnosis



26.45%

did not share their concerns with loved ones

Support from healthcare team



50.53%

were not offered mental health support



41.34%

felt their healthcare team did not provide good emotional support



65.88%

were not informed about patient organisations



39.44%

had emotional difficulties, but did not report them

Measures proposed to improve mental health



More medical information

43.90%

Support with side effect management

CALL TO ACTION



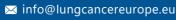
- Healthcare systems and policymakers must recognise mental health support as a fundamental part of the lung cancer care pathway
- Healthcare professionals must provide clear information and empower individuals to manage their disease and mental well-being

Methodology

Answers based on a self-filled online survey (May 28th - July 6th, 2025) from 2,204 participants (1,709 people with lung cancer and 495 caregivers) from 31 WHO European Region countries.







Full Report

Access the full 10th LuCE Report: www.lungcancereurope.eu



