

10th LuCE REPORT ON LUNG CANCER

Lung cancer and mental health:
Experiences reported by Europeans
impacted by lung cancer



Lung Cancer Europe

Experiences of support along the lung cancer journey

felt incapable of dealing
with issues in their lives

45.19%

44.53%

did not feel well equipped to cope
with the emotional repercussions

Support from loved ones



94.08%
received support from loved ones



82.51%
satisfied with this support



67.43%
support from loved ones was the
most rewarding aspect since diagnosis



However



65.54%
perceived loved ones did not
fully understand what they
were going through



41.09%
did not always have someone
to help when needed



26.45%
did not share their concerns
with loved ones

Support from healthcare team



50.53%
were not offered mental
health support



41.34%
felt their healthcare team did not
provide good emotional support



65.88%
were not informed about
patient organisations



39.44%
had emotional difficulties,
but did not report them

Measures proposed to
improve mental health



49.38%
More medical information

43.90%
Support with side effect management

CALL TO ACTION



- Healthcare systems and policymakers must recognise mental health support as a fundamental part of the lung cancer care pathway
- Healthcare professionals must provide clear information and empower individuals to manage their disease and mental well-being

Methodology

Answers based on a self-filled online survey (May 28th - July 6th, 2025) from 2,204 participants (1,709 people with lung cancer and 495 caregivers) from 31 WHO European Region countries.

