

10th Luce Report on Lung Cancer

Lung cancer and mental health: Experiences reported by Europeans impacted by lung cancer LUGQ Lung Cancer Europe

Understanding mental health in lung cancer

61.16%

Negative impact of lung cancer on mental health

Poor to moderate mental health at the time of the survey

27.93%



Groups reporting greatest impact:

Caregivers / Women / Younger adults (18-64) / Stage III-IV

Emotional difficulties

Most common

emotional difficulty

Top emotions impacting well-being

58.54% Sadness



56.49% Fear



76.71%Fear of treatment failure or cancer progression

Most distressing parts of the journey



63.62% Lung cancer diagnosis



Anxiety disorder

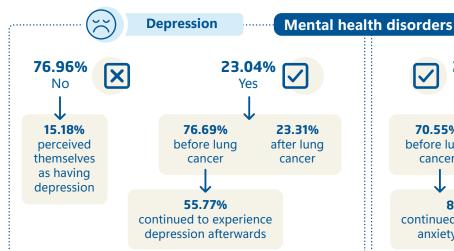
45.52% Managing side effects

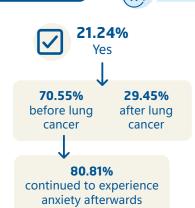


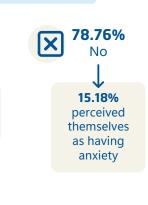
56.31% Anxiety



55.22% Uncertainty







CALL TO ACTION



- Healthcare systems and policymakers must recognise mental health support as a fundamental part of the lung cancer care pathway
- Healthcare professionals must provide clear information and empower individuals to manage their disease and mental well-being

Methodology

Answers based on a self-filled online survey (May 28th - July 6th, 2025) from 2,204 participants (1,709 people with lung cancer and 495 caregivers) from 31 WHO European Region countries.







Full Report

