

## Psychological and social impact on people diagnosed with lung cancer

People diagnosed with lung cancer observed a very negative impact to:



Their family (60%)



Their future expectations (55%)



Their emotional wellbeing (52%)

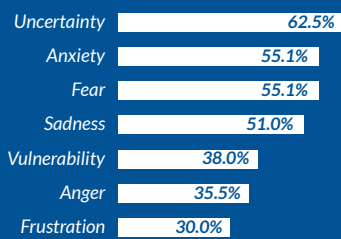


Their independence (52%)

### PSYCHOLOGICAL IMPACT

#### | EMOTIONS

##### EMOTIONS THAT IMPACTED QUALITY OF LIFE



#### | DEPRESSION



Had been diagnosed with depression



Felt depressed, but have not been diagnosed with depression

##### Feelings during the previous week

43% felt frequently as if they were slowed down

41% had worrying thoughts going through their minds frequently

#### | WORRIES

##### MAIN WORRIES EXPERIENCED BY PATIENTS



21% frequently felt guilty about having lung cancer.

51% were frequently asked if they smoked when people learnt about their diagnosis.

21% were frequently careful whom they told about their lung cancer.

### IMPACT ON DAILY LIFE

#### SIDE EFFECTS THAT MOST IMPACTED



47% FATIGUE



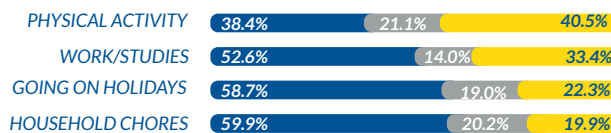
34% BREATHLESSNESS



25% PAIN

#### MAIN DIFFICULTIES IN DAILY LIFE

■ Not at all / A little bit ■ Some-what ■ Quite a bit / Very much



67% REPORTED CHANGES IN FAMILY ROUTINES AND DYNAMICS



39% REPORTED A NEGATIVE IMPACT ON HOUSEHOLD FINANCES



38% REPORTED A NEGATIVE IMPACT ON WORKING SITUATION OF SOMEONE IN THE HOUSE

#### CALL TO ACTION

- Provide integrated psychosocial services in the lung cancer care pathway.
- Increase awareness of patient organisations and NGOs.

### Methodology

Online survey containing 40 open and closed questions accessed from 20/05/2020 - 25/06/2020 (n=559, 65.3% patients). 10 qualitative interviews with people involved in the lung cancer community. The full report can be accessed here: [www.lungcancereurope.eu](http://www.lungcancereurope.eu)

### Get in touch: